



TÍTULO: BLOOD PLASMA COLLECTION, PROCESSING AND STORAGE		
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1. OBJETIVE

The aim of this procedure is to guarantee safety, timely and efficient blood plasma sample preservation from patients that have signed the informed consent form and agree with the participation in the Pulmonary Biobank Consortium.

2. SCOPE

This procedure describes how to collect, to process and to store blood plasma samples.

This protocol does not detail occupational safety and health regarding biohazard material and/or chemicals processes. It is recommended that the staff follows the established Health and Safety rules of each center.

3. RELATED DOCUMENTS

Not applicable

4. ROLES AND RESPONSIBILITIES

The fulfilment of this standard protocol rests with all the members of the Pulmonary Biobank Consortium who are responsible for management, processing and storage of blood plasma.

5. MATERIALS AND EQUIPMENT

Recommended materials and equipment are listed below. Depending on the place where the task or procedure is performed, these materials may be replaced by alternative or equivalent products.

Materials and Equipment	Materials and Equipment (specific to center)
Bag or container for transportation in hospital	
Blood extraction tube for hematology (with anticoagulant EDTA-K ₃)	

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Sterile Pasteur pipettes Rack for blood extraction tubes Rack for cryotubes 1,5-2ml sterile cryotubes Pens and markers Gloves to protect staff when manipulating blood and/or biohazard material Filter paper Lab coat for protection against spills and splashes Adequate and suitable labels for cryotubes Labeling printer	Centrifuge with blood extraction tubes adapter	
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Lab coat for protection against spills and splashes Adequate and suitable labels for collection tubes Adequate and suitable labels for cryotubes	material	
Adequate and suitable labels for collection tubes Adequate and suitable labels for cryotubes	Filter paper	
Adequate and suitable labels for cryotubes	Lab coat for protection against spills and splashes	
	Adequate and suitable labels for collection tubes	
Labeling printer	Adequate and suitable labels for cryotubes	
Labeling Printer	Labeling printer	
Cryostorage boxes	Cryostorage boxes	4
-80°C ultrafreezer	-80°C ultrafreezer	

6. GLOSSARY

Blood plasma: Acellular liquid fraction (extracellular matrix) of blood. It consists of 90% water and other dissolved components, mainly proteins. It also contains carbohydrates, lipids and waste products from metabolism. It is the major component in blood accounting for approximately 55% of total blood volume. Blood cells represent the other 45%, related to hematocrit.

EDTA: Ethylenediaminetetraacetic acid. EDTA attracts calcium ions blocking coagulation cascade.

7. PROCEDURES

7.1 COORDINATION FOR BLOOD SAMPLE EXTRACTION AND PROCESSING

- 1. Blood must be collected before surgery and close to the day when lung tissue extraction is performed. Time between blood extraction and freezing at -80°C should not exceed 45min. if a proteomic study with plasma will be performed.
- The designated person, who will carry out this procedure, knowing the schedule of surgery, will coordinate with the qualified staff ensuring properly tubes identification and appropriate sample extraction.

7.2 TUBE VERIFICATION AND IDENTIFICATION

 Verify patient information ensuring privacy and ethics contemplated by Data Protection Law. Make sure that blood extraction tubes are properly labeled and correspond to the available patient information.

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2. Label one biochemistry tube with anticoagulant EDTA-K3E/K2E for blood extraction.

7.3. OBTAINING BLOOD PLASMA

- 1. Extract blood in an identified extraction tube for hematology with EDTA.
- 2. Immediately after extraction, invert softly the tube to ensure proper mixing with the anticoagulant EDTA-K3E/K2E.
- Take the tube to the lab to start processing it, ensuring there are no more than 45
 minute time lapse between extraction and processing. Follow the rules for safe
 transportation of biohazard material established in your center.
- 4. Prepare 4-5 cryovials for plasma storage and label them properly.
- Centrifuge the blood tubes (with anticoagulant) at 1500xg for 15 minutes without brake in order to avoid mixing the components. Three fractions will form:
 - Upper fraction or supernatant, clear and transparent layer with a pale yellow color. It is the blood plasma that needs to be stored.
 - Second or intermediate fraction, thin and grey or white, corresponds to the buffy coat (nucleated blood cells, mainly leucocytes).
 - Third or lower fraction forms a dark red layer and corresponds to erythrocytes.
- 6. With a sterile Pasteur pipette, carefully aspirate, if it is possible with a unique aspiration, the supernatant/plasma (upper fraction) and aliquot 0,5 ml into each cryovial.
- 7. Store cryovials in cryostorage boxes and place them in a -80°C freezer.
- 8. Register location of the stored sample in the Pulmonary Biobank Consortium's software.

8. APPLICABLE REFERENCES, LEGISLATION AND GUIDELINES

- Declaration of Helsinki. http://ohsr.od.nih.gov/helsinki.php3
 http://www.wma.net/e/policy/b3.htm
- Tri-Council Policy Statement; Ethical Conduct for Research Involving Humans; Medical Research Council of Canada; Natural Sciences and Engineering Council of Canada; Social Sciences and Humanities Research Council of Canada, August 1998. http://www.pre.ethics.gc.ca/english/policystatement/policystatement.cfm
- Human Tissue and Biological Samples for use in Research. Operational and EthicalGuidelines. Medical Research Council Ethics Series. http://www.mrc.ac.uk/pdf-tissue-guide-fin.pdf
- Best Practices for Repositories I. Collection, Storage and Retrieval of HumanBiological Materials for Research. International Society for Biological and Environmental Repositories (ISBER). http://www.isber.org
- National Bioethics Advisory Commission: Research involving human biological materials: Ethical issues and policy guidance, Vol. I: Report and recommendations of

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the National Bioethics Advisory Committee. August 1999.

http://bioethics.georgetown.edu/nbac/hbm.pdf

US National Biospecimen Network Blueprint
 http://www.ndoc.org/about_ndc/reports/NBN_comment.asp

 Blood Collection: Routine Venipuncture and Specimen Handling. http://medlib.med.utah.edu/WebPath/TUTORIAL/PHLEB/PHLEB.html

